

Naso-endoscopy

Our Ear Nose and Throat Specialists utilise specialised state-of-the-art fibre-optic nasal endoscopy to diagnose a variety of conditions in the nose, sinuses and throat.

It is sometimes necessary to use the endoscope during a consultation to get a clearer picture of the health of those “hard to see” areas.

Nasal endoscopy is a quick and easy procedure performed in the clinic with some local anaesthetic.

Procedure: Once it is deemed a necessary addition to the consultation and the reasons for its use explained, some local anaesthetic spray will be applied to one or both nostrils. The endoscope will be taken from the sterilisation machine and placed gently in the nostril.

During that time, pictures may be taken of the nose, throat or voice box area. Sometimes the endoscope will be used to examine the ears.

The whole procedure usually only takes a few minutes. Nasal endoscopy is very safe and useful procedure. It does not require any special precautions or fasting. While the procedure is low-risk, some people experience slight discomfort, coughing or small nose bleeds as the endoscope is passed through a nostril. You may feel a numb and bitter sensation in the throat which last for 30 minutes due to the local anaesthetic spray.

There is an additional separate procedural cost for endoscopy - the majority of which can be reimbursed through medicare. Once an appointment has been made, the latest costs for this procedure will be explained